

# VIRTUAL TEEN CONFERENCE REVIEW

by Bill Taverner, MA, CSE\*

## Objectives

By the end of this lesson, students will be able to:

1. Summarize key learning points addressed in the 2022 Virtual Teen Conference given by Planned Parenthood of Northern, Central, and Southern New Jersey.
2. Describe at least two components of teen health.
3. Explain one characteristic of leadership.
4. Express one way to empower themselves and others.
5. List at least two community resources for teen health.

## Audience

High school students

## Rationale

For the past 20 years, the Teen Conference hosted by Planned Parenthood of Northern, Central, and Southern New Jersey (PPNCSNJ) has provided a dynamic and engaging day for high school students promoting **teen health, leadership, empowerment, and access to community resources**.

COVID-19 limits the capacity to present an in-person experience, so PPNCSNJ's education team has developed a Virtual Teen Conference with a rich program of asynchronous online learning. This lesson plan allows educators to check in on students' experiences and reinforce key learning elements synchronously through an interactive online game.

## Materials

- **Handout: Check Out the Virtual Teen Conference**
- **Laptop with Internet access, projector, screen**
- **2022 Teen Conference Review**, projected or shared with students from [bit.ly/2022TeenConferenceSpin](https://bit.ly/2022TeenConferenceSpin)

---

\* Bill Taverner, MA, CSE, is the executive director of The Center for Sex Education.

## Procedure

1. In advance of the lesson, ask students to visit [www.teenconference.net](http://www.teenconference.net). Tell them they are to visit all website sections and complete the **Handout: Checking Out the Virtual Teen Conference**. Students are to write something worth remembering for each section of the website they visit.
2. Give students one week to visit the website and record their responses. They may print their handouts and record their answers manually or type their answers on their computers or tablets.
3. After students have had a few days to complete the assignment, ask them to bring their responses to class.
4. Ask students to raise their hands (or use the virtual “raise hand” button) to respond to the following.

### Raise your hand if...

- ...you completed this assignment the same day it was assigned.
  - ...you waited until last night to complete the assignment.
  - ...you found this assignment easy to do.
  - ...you had difficulty completing this assignment.
  - ...you found something on the website that you already knew.
  - ...you found something on the website that you didn't know.
5. Explain that now the group will have the opportunity to discuss things about the Virtual Teen Conference that was memorable to them using a spin wheel. Project the spin wheel from **2022 Teen Conference Review**, available at [bit.ly/2022TeenConferenceSpin](http://bit.ly/2022TeenConferenceSpin).
  6. Call on a student to spin first. When the wheel lands on one of the Teen Conference components, the student may refer to the notes they took on the **Handout: Check Out the Virtual Teen Conference** and tell the group something they thought was worth remembering from that part of the website.

7. Click “remove” at the bottom of the spin wheel and tell the first student they may call on another student to spin the wheel and respond to the conference component where the wheel lands.
8. Continue until each student has had a chance to spin the wheel. If it is a small group of students, allow each student to spin the wheel a second time.

**Discussion Questions:**

- What is something you found memorable on the Virtual Teen Conference website that you did not get to say yet?
  - What did you find interesting about what others said about the Virtual Teen Conference?
  - What did you find most valuable about the Virtual Teen Conference?
  - What questions do you still have?
9. Note that the Virtual Teen Conference has four key themes: **teen health, leadership, empowerment,** and **access to community resources.** Tell students you will send them to four breakout groups, with each group assigned to discuss one of these themes. Each group will list three important things about their assigned topic, which they will share with the larger group.
  10. Send students to four breakout groups as described above. Allow five to seven minutes for groups to arrive at their three important things to know, and then reconvene the entire group.
  11. Ask a representative from each group to report back with what their group discussed.
  12. Closing: Ask students to list in the chat one thing they plan to do as a result of their participation in the Virtual Teen Conference.

## CHECK OUT THE VIRTUAL TEEN CONFERENCE

**Directions:** Visit [www.TeenConference.net](http://www.TeenConference.net). Write down one thing that you think is worth remembering from each part of the website.

WEBSITE SECTION	SOMETHING WORTH REMEMBERING
<b>Workshops &amp; Videos</b>	
20 <sup>th</sup> Anniversary Testimonials	
All About Condoms	
Birth Control Bingo	
Bodies: Different Shapes and Sizes	
The Condom Lineup	
Consent Traffic Light	
Dating and Relationships	
Emotion Management	
Expressing Myself. My Way.	
Five Workplace Tips to Land That Job!	
Gen Z Roundtable of Advocacy	
Get Yourself Tested	
How to Be an LGBTQ Ally	

<b>Internet Safety for Teens</b>	
<b>Living in an Age of Consent</b>	
<b>Making Your Voice Heard</b>	
<b>Maybe You Should Go...</b>	
<b>Meet the College Ambassadors</b>	
<b>Mindfulness (Chill Space with Anne)</b>	
<b>Not ANOTHER COVID-19 Presentation!</b>	
<b>Peer Ed Promo</b>	
<b>Peer Educators: Let's Talk About Sex...Education</b>	
<b>Pronouns 101</b>	
<b>Reproductive Justice is the Moment!</b>	
<b>Reproductive Rights</b>	
<b>Self-Care Hand Stitching</b>	
<b>Self-Care Scavenger Hunt</b>	
<b>STD Testing</b>	
<b>Stigma Busting: Sex and STIs</b>	
<b>Teen Conference Trailer</b>	
<b>Teen Pregnancy Prevention and Healthy Relationships</b>	

<b>Teen Speak</b>	
<b>This is Me &amp; Who Are You?</b>	
<b>Welcome</b>	
<b>What is a Condom?</b>	
<b>What is Sexual Orientation?</b>	
<b>What's Your Sexual Footprint?</b>	
<b>Who You Like and Who You Love</b>	
<b>Yoga for Teens</b>	
<b>Art, Music, Self-Care, and More!</b>	
<b>Making a Self-Care Zine</b>	
<b>Musical Performance</b>	
<b>Roo</b>	
<b>Self-Care, Coping, and Silver-Linings During the Pandemic</b>	
<b>Self-Care TikToks</b>	
<b>Teen Resources</b>	
<b>Virtual Chill Space</b>	
<b>Voices of Strength, Resilience &amp; Courage</b>	
<b>Wall of Hope</b>	

Write down something you learned about each of the four conference themes.

Teen health \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Leadership \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Empowerment \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Access to Community Resources \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_